

Bucher abrufen 1000+ Little Things Happy Successful People Do Differently

By Marc Chernoff



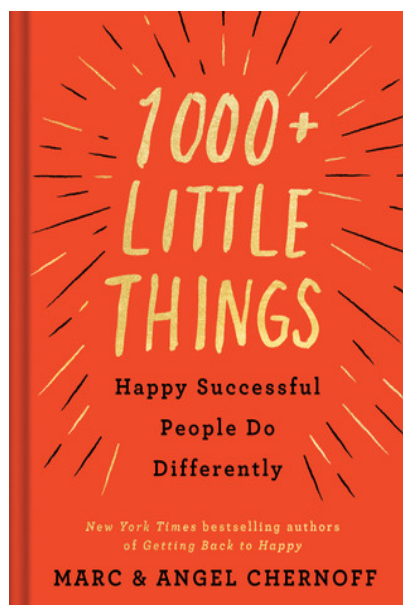
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Books Descriptions

New York Times -bestselling authors Marc and Angel Chernoff deliver instant inspiration and powerful advice for becoming our best selves. Millions of readers turn to Marc and Angel Chernoff for fresh, intimate insights for a fulfilled life. In this pithy and empowering guide, they collect the very best advice they've discovered, on topics that include overcoming setbacks, letting go of what's holding us back, nurturing relationships, finding time for self-care, and cultivating passion in order to achieve our wildest dreams. Topics include: * 10 Mistakes Unhappy People Make* 28 Ways to Stop Complicating Your Life* 12 Tough Truths That Help You Grow* 12 Amazingly Achievable Things to Do Today* 10 Timeless Lessons for a Life Well-Lived A perfect gift for a loved one or ourselves, this deceptively simple book is a touchstone to return to for a boost of motivation and inspiration.

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